

Workshop List – Thursday, 11th of July

1st Morning Session: 08.30 – 09.30

"Tending to Our Humanity in the Age of AI"

Joni Staaf Sturgill, Brian Stamford

"Enhancing classroom dynamics through EPR methodology: a workshop on exploration, practice, and reflection"

Francesco Pisanu, Federica Coletta, Francesco Rubino

"Positive and health-oriented (self-) leadership and teamwork: supporting leaders and their teams on their way to wellbeing, personal growth and flourishing at work"

Mareike König, Melanie Maurer

2nd Morning Session: 09.45 – 10.45

"Leading Wellbeing: Strategies for Success in Educational and Organisational Settings"

Rhiannon McGee, Sharron Russell

"Exploring and experiencing the Job Canvas - an agile, strengths-based, person-centred alternative to a traditional job description"

Charlotte Axon

"Positive Psychology in Practice: A Decade of Insights for Trainers, Coaches and Facilitators"

Bridget Grenville Cleave

1st Afternoon Session: 15.15 – 16.15

"Innovative Developments in Character Strengths"

Ryan Niemic, Robert McGrath

"Teacher wellbeing - when one of the best jobs in the world becomes too tough"

Nanna Paarup, Mette Marie Ledertoug

"The Meaningful Work Paradox: Strategies for Sustainable Wellbeing"

Andrew Soren

"Neurodiversity-Inclusive Care: Fostering Strengths-Based Change"

Elaine Taylor-Klaus

2nd Afternoon Session: 17.30 – 18.30

"New Frontier: Positive Economic Psychology"

Rona Hart

"Building professional resilience: How positive psychology can contribute to the development and growth of a professionals attitude towards social workers, therapist, and other social professions."

Marlies Jellema

"Joyful Journeys: Applying Humor in Positive Psychology for Coaching Success"

Bea Bincze, Alexandra Cser

"Thriving through Menopause"

Ana Scherer, Lara Williams

"Thrive to Perform & Perform to Thrive: A Leadership Development Programme for Higher Education Students, Nurturing Thriving Individuals who Foster Performance and Positivity in Organisations"

Krumma Jonsdottir