

It's you, it's me, it's us



PRELIMINARY PROGRAM | INNSBRUCK 2024

Thursday, July 11, 2024							Morning Session from 8:30 until lunch						
8:30 - 9:30	A Life Worth Living: Nurturing Well-Being in Cancer Patients through Online Positive Psychology Interventions Alena Slezackova	Tending to Our Humanity in the Age of AI Joni Staaf Sturgill, Brian Stamford	Enhancing classroom dynamics through EPR methodology: a workshop on exploration, practice, and reflection Francesco Pisanu, Federica Coletta, Francesco Rubino	Positive and health-oriented (self-) leadership and team work: supporting leaders and their teams on their way to wellbeing, personal growth and flourishing at work Mareike König, Melanie Maurer	THE QUEST FOR OPTIMAL LEARNING - Visions for future education Mette Marie Ledertoug, Nanna Paarup	Embedding Positive Psychology science: The potential role of organisational operating rhythms Suzy Green	New Thinking on Psychological Health: Find Purpose and Meaning in Life Andrew Soren	Interventions that Increase Optimism Lessen Depression Nicola Schutte, John Malouff	Investigation of character strengths of Italian children in early childhood period: A psychometric network approach Kayina Abudurexiti, Beatrice Rossi, Clarissa Ciardo, Massimo Stella, Laura Franchin	Emotional Intelligence: The holy grail for leadership? A review and research agenda Katharina Gerhardt, Marianne Van Woerkom, Robin Bauwens	Co-creating whole school wellbeing: A mixed-methods case study into the use of Appreciative Inquiry in a UK Primary School Frederika Roberts	A cross-sectional profile of classical musicians' mental health and illness Sara Ascenso	8:30 - 9:30
								Positive health outcomes in studies of mindfulness-based interventions among people with cancer: A systematic review and meta-analysis Nasim Badaghi, Cecilie Buskbjerg, Linda Kwakkenbos, Sabien Bosman, Robert Zachariae, Anne Speckens	On the interplay between different parenting styles, children's character strengths, and children's life satisfaction Marco Weber	Leadership Contagion and Follower Outcomes. A New Zealand Study Maree Roche	Supporting Teachers' Mental Health through Schoolwide Positive Psychology Practices Targeting PERMA-H Shannon Suldo	How do we intervene in young people's mental health?: Lessons from 7 years of intervention delivery Ian Platt	
	Positive Psychology Interventions to Promote Resilience and Well-being Among Educators: A Scoping Review Luke Tomlin, Timothy Budden, Aaron Simpson, Travis Kingdon, Ivan Jelicic, James Dimmock, Cameron Norsworthy, Ben Jackson							Validation of the German Values in Action Inventory (VIA Youth-96) in Children and Adolescents Silvia Exenberger, Christina Taferner, Alexandra Huber, Kathrin Sevecke, Stefan Höfer	Leader's virtues and ethical leadership style - joined effect on follower's engagement Przemyslaw Zbierowski, Milena Gojny-Zbierowska	The How-to Parenting Program : A randomized controlled trial evaluating its impact on need-supportive parenting behaviors Genevieve Mageau	Towards a Positive Psychiatry: The PHOENIX Group - A Short Group Psychotherapy for Improving Mental Health and Resilience After Inpatient Treatment Bob Vogel		
	Factors influencing the effectiveness of Positive Psychology Interventions: A systematic Review Jolanta Burke, Nikki Rickard, Andrea Giraldez-Hayes							Understanding meaning in children and youth: mapping the course towards developing a Youth Meaningfulness Index Rebecca John, Claudia Maria Picasso, Kristoffer Geer	Do daily leader and colleague behaviours matter for work effort? The role of daily basic psychological need satisfaction and frustration Lynelle Coxen, Leoni Van Der Vaart, Anja Van Den Broeck, Sebastiaan Rothmann, Bert Schreurs	The Role of the Family in Parental Well-Being and Depression During the COVID-19 Pandemic Carolyn Albright	Well-Being and Resilience Kübra Yilmaztürk Yildirim		
15 min Break							15 min Break						
9:45 - 10:45	Positive Psychology in Practice: A Decade of Insights for Trainers, Coaches and Facilitators Bridget Grenville Cleave	Leading Wellbeing: Strategies for Success in Educational and Organisational Settings Rhiannon McGee, Sharron Russell	Exploring and experiencing the Job Canvas - an agile, strengths-based, person-centred alternative to a traditional job description Charlotte Axon	Well-being of adolescents and young adults, and positive psychology interventions in an educational context Johan Lataster, Sandra Diller	Positive Psychology Interventions: Towards Pragmatic, Flexible and Engaging Tools in Educational Contexts Ilona Boniwell	The model of sustainable mental health: the meaning and impact of positive psychology interventions in mental health care Ernst Bohlmeijer	Healing the Healers: Fostering Well-being and Resilience through Positive Psychology Interventions in the Healthcare Workplace Mary Collins	Nature, culture and sustainable living: Frameworks for creative wellbeing Helga S. Lovoll	Nature-Based Interventions: A Review of Reviews Branislav Kaleta, Stephen Campbell, Jolanta Burke	Empowering educators: unraveling the impact of transformational leadership, professional development, and learning program management on teacher job satisfaction Greta Mazzetti, Consuelo Mamele, Dina Guglielmi, Giulia Paganin	Who Needs a Strengths-Based Leader to Fit their Job? Marianne Van Woerkom, Robin Bauwens	Personal growth in micro niches - the role of positive place experiences Tamás Martos	9:45 - 10:45
								Flow in Nature? Exploring environments for optimal experiences Amy Isham	Effectiveness of Nature-based Positive Psychology Interventions on well-being: A Systematic Review and meta-analysis Xingjian Ruan, Jannis Kraiss, Kim Tonis, Thomas Van Rompay, Ernst Bohlmeijer	Parents Supporting Young Children's Need for Self-Determination: Positive Child Mental Health Correlates and Outcomes Mireille Joussemet, Jessica Corbeil, Geneviève Mageau	Creative Arts and Human Flourishing (Thematic Analysis of Leaders Participating in a 21-Day Creative Arts Intervention) Patricia Friberg, Andrea Giraldez-Hayes	What makes a meaningful day? An experience sampling study on the daily pursuit of meaningfulness through employee-employer exchange relations Elaf Basri	
								How Does Local Nature Promote Subjective Wellbeing? The roles of Physical Activity and Place-belongingness as Mediators Raul Grau-Ruiz	Tackling social disconnection: An umbrella review of RCT-based interventions targeting social isolation and loneliness Thomas Hansen, Ragnhild Bang Nes, Thomas Sevenius Nilsen	It's you - it's me - it's us Bertram Strolz	Can Goal-Setting and Self-Reflection About One's Work-Nonwork Boundaries Improve Boundary Fit and Subjective Well-Being? A Randomized Controlled Trial Nicolas Müller, Larissa Haerdter, Margaretha Scholz, Julia Steinke, Verena C. Haun, Regina Kempen	Novelty, Positive Emotion, and Social Connection in Shared Experiences Brian Hill	
								The nature and importance of balance and harmony in life: New global insights from the Gallup World Poll Tim Lomas	Perceived social support is associated with lesser psychological distress in LGBQ+ Lithuanians Rasa Katinaite, Kristina Zardekaite-Matulaitiene	OTZMA Positive CBT Toolkit for Teachers and Students' Resilience during Crisis Dalia Alony	Practical Application of the Me, We, Us Model to Drive Employee engagement and Leadership Development Manjitt Kaur	Meaningful tourism experiences and emotions: The role of emotional intensity on the attribution of meaning Ester Cámara	
15 min Break							15 min Break						
11:00 - 12:00	KEYNOTE LECTURE <i>presented by</i>						Corey Keyes						11:00 - 12:00
1h 45 min Lunchbreak							1h 45 min Lunchbreak						

Thursday, July 11, 2024							Afternoon Session from 14:00 until evening						
14:00 - 15:00	KEYNOTE LECTURE <i>presented by</i>						Willibald Ruch						14:00 - 15:00
15 min Break							15 min Break						
15:15 - 16:15	What is bigger and better than well-being? Introducing wholebeing... Aaron Jarden & Andrea Downie	Innovative Developments in Character Strengths Ryan Niemic, Robert McGrath	Teacher wellbeing - when one of the best jobs in the world becomes too tough Nanna Paarup, Mette Marie Ledertoug	The Meaningful Work Paradox: Strategies for Sustainable Wellbeing Andrew Soren	Neurodiversity-Inclusive Care: Fostering Strengths-Based Change Elaine Taylor-Klaus	Mindfulness-Based Strengths Practice for Education Peter Malinowski	Finding More Flow, Finding More Wellbeing Orin Davis	Embracing Resilience in Adults with Neurodevelopmental Disorders Michal Al-Yagon	A bibliometric review of positive psychology and well-being research in Africa Angelina Wilson Fadji	Challenges of Implementing Positive Leadership Interventions into Cross-Cultural Teams Mike Hoffmeister, Roger Muller	Finland - Eudaimonia of the North? Unravelling the Blueprint for a Good Society Through Societal, Cultural, and Psychological Lense Viivi Pentikäinen	Reducing Photo Investment Through An Online Self-Compassion Intervention: A Controlled Study Among Young Adult Females Daniela Villani	15:15 - 16:15
	Mattering in co-creating inclusive communities: promoting well-being in kindergartens and communities through place-based and future-forming practices and policies Dina von Heimbürg								The positive psychology of negative affect Karel Botha	Emotional Intelligence: a positive resource for Human Capital Sustainability Leadership in Healthy Organizations Annamaria Di Fabio, Andrea Svicher	Building individual meta-objectives to co-create and execute solutions in a multicultural context Isabel Echavarría	Efficacy of the Best Possible Self Intervention in Social Interaction Scenarios: Comparison Between Original and Framed Versions Wenxin Liu	
									New Possibilities for Being Human: Heroism and Positive Psychology Michael Condren	The Impacts of Self-Development on Leaders' Psychological Well-Being: Quasi-Experimental Longitudinal Evidence in Executive Education Ayse Yemiscigil, Dana Born, Diego Arias, Horace Ling	A culturally appropriate strengths based coaching program for Aboriginal and Torres Strait Islander peoples living in social housing. Alison Brown	Exploration of Mental health and flourishing in youth through a new measure of Grit Afifa Anjum, Durrija Alqarni, Mazahir Ali	
									Training in Positivity: a Randomized Controlled Trail and Evaluation of a digital Positive Psychology Application on the ability to adapt and mental health in the aftermath of Covid-19 pandemic Ernst Bohlmeijer	Changes in the well-being and turnover intentions of employees by training the PERMA lead behaviour of their managers Frank Nesemann	I am happy as a Muslim: The relationship between religiosity, happiness, and life satisfaction with demographic variables among Muslims from the UK, Egypt, and the Maldives Aishath Shahama	Positive self-perception in social media - a quantitative evaluation of a brief positive-psychological intervention for female users. Fiona Reinartz	
16:15 - 17:30	Postersession discussion / Coffee break						Postersession discussion / Coffee break						16:15 - 17:30
17:30 - 18:30	Thriving through Menopause Ana Scherer, Lara Williams	New Frontier: Positive Economic Psychology Rona Hart	Building professional resilience, How positive psychology can contribute to the development and growth of a professionals attitude towards social workers, therapist, and other social professions Marlies Jellema	Breathwork Transformation Session 90 min - 17:30 - 19:00 Itai Itzvan	Joyful Journeys: Applying Humor in Positive Psychology for Coaching Success Bea Bincze, Alexandra Cser	Thrive to Perform & Perform to Thrive: A Leadership Development Programme for Higher Education Students, Nurturing Thriving Individuals who Foster Performance and Positivity in Organisations Krumma Jonsdottir	Introducing Wellbeing Systems Science (WSS) - Imagining, Building and Contributing to a Globally Inclusive, Ecologically Healthy Future Lisa Barker	PTG Interventions for Wartime Trauma: Practical Application of Data From Israel and Palestine Lisa Honig Buksbaum, Richard Tedeschi, Pninit Russo-Netzer	Character Strength-Based Cognitive-Behavioral Therapy Focusing on Adolescent and Young Adult Cancer Patients with Distress: A Randomized Control Trial of Positive Psychology Yi Zhou	A Growing Concern for Meaning: Ego Development and Eudaimonic Functioning Elena Voevodina	Flow in Recreational Doubles Pickleball: A Meaningful Source of Enjoyment for Adults over 50 Gary Gute	What (Doesn't) Limit Peoples Prosociality in Social Dilemma Situations Patricia Groß	17:30 - 18:30
								Humanizing AI with Positive Psychology coaching in a digitized way Eve Loo	Do we change when we think we have changed? Personality changes in the context of crucial life events Ekaterina Nazina	Status of Flourishing among Indian Emerging Adults Amrut Bang	Coping with Gender Minority Stress: Influence of Coping, Social Support and Community on Stress in Genderqueer Youth Teresa O'Rourke		
									Positive classroom climate in action: combining narrative and positive psychology practices with teachers and students Francesco Pisanu	The role of resources supporting positive behavior of witnesses of cyberbullying Aneta Przepiorka	Flourishing in old age - opportunities for sustainable age and ageing Christiane Bahr	Strengthening the future: A resilience intervention for youth Gayathri Janapati	
									Journey towards Flourishing: Insights from Teaching Positive Psychology for a Decade Daniela Blickhan	Strengths of Sharing, Strengths of Deception: A Behavioural Examination Pavel Freidlin	The Whys of Gaming: A Cross-Sectional Study on the Role of Video Game Players' Motivations in Meaningful and Engaging Experiences Chiara Scuotto	AI and the Future of Therapy: Enhancing Human Agency and Interpersonal Skills Ralph Piotrowski	
Your Personal Evening Program							Your Personal Evening Program						

Friday, July 12, 2024								Morning Session from 8:30 until lunch					
8:30 - 9:30	Wellbeing Economy - what is our end goal, Money or Happiness? Dóra Guðmundsdóttir	Positive Futures - Hope for a better life Andreas Krafft	Meaning and Purpose in life from a transdisciplinary perspective; A third wave approach to positive psychology coaching Omid Alaei	Mindful Mentoring to Enhance Healthcare Worker Well-being Sanjay Saint	The VIA Institute on Character's Vision and Application of Positive Artificial Intelligence (PAI) Jeffrey Levy	Taking the Science of Positive Psychology to Scale: Applying PERMA+4 Stewart I. Donaldson	Listening to Our Stakeholders: Master of Applied Positive Psychology (MAPP) Programs Around the World James Pawelski, Christian Van Nieuwerburgh	Synergies of Lifestyle Medicine and Positive Psychology for Positive Health Liana Lianov	Hindering or Helping? User Preferences for Features of Recorded Mindfulness Practice Maja Stanko-Kaczmarek	Exploring the Benefits of Hiring Individuals with Disabilities in the Workplace Rosilyn Sanders	Understanding Sexual Well-Being Vera Ludwig	Reimagining Wellbeing: Insights from lived experiences - The Model of Elemental Wellbeing Annalise Roache	8:30 - 9:30
		Potentiating Allied Character Strengths: Gratitude and Compassion Liz Gulliford	Few things in life are easy and worth doing: how the bi-directional relationships between meaningful work and work-related stress can both help and hinder wellbeing Jess Annison	Exploring the Interplay Between Personality Dynamics and Well-Being: A Study of Extraversion and Emotional Valence Gaja Zager Kocjan	How We View Our Own Aging Matters for Wellbeing. Implications in The Context of Disruptions Associated With The COVID-19 Pandemic Elli Kolovos								
	The nexus of relational peace: Character strengths and wellbeing in close interpersonal bonds Christos Pezirkianidis	Gratitude prospectively predicts workplace well-being through the mediation of need satisfaction: Evidence from three longitudinal studies Wenceslao Unanue, Valentina Reyes	Quantitative evaluation of a positive psychological intervention to promote well-being in best agers Vanessa Striefler	In Right Relationship - Exploring Systems to Co-create Lasting and Sustainable Wellbeing Lisa Barker									
	Are Character Strengths WEIRD or not? Exploring the Cultural Relevance of Character Strengths Across Eurasia Tahira Mubashar, Marco Weber-Harzer, Claudia Harzer	Decent Work and Quality Professional Life of Higher Education Teachers in Portugal: an empirical study Tania Ferraro, Patricia A. Pacheco	Wisdom, Eudaimonic well-being and Creative-divergent thinking: interrelated processes and resources for aging well. Manuela Zambianchi	Utilizing Different Framework Synergies to Enhance Current Environmental-Wellbeing Approaches Tracey Platt									
15 min Break								15 min Break					
9:45 - 10:45	Relationships and Research: How Positive Psychology Can Help us Become Better Together Suzie Pileggi Pawelski, James Pawelski	Embracing Existential Wellbeing - An Exploration of Existentialism and Post-Traumatic Growth To Navigate Challenges with Positivity Michelle Falzon	Positive psychology in the hospitality industry: improving employee engagement and productivity through interventions that increase happiness on the example of Hotel Sans Souci Wien Andrea Fuchs, Claudia Schriever	Work on character strengths as an orientation aid at the interface between school leavers and career starters - motivating acquisition of meaning and words through a playful approach Verena Isik, Myriam Meier	Strengths as a pathway to thriving in educational and academic settings: New findings Tamar Icekson	Physical activity, the alpine environment and psychosomatic medicine Barbara Sperner-Unterweger, Katharina Hüfner	Professionalising Positive Psychology: Background, progress, and future possibilities Rona Hart	Can Flourishing protect against Occupational Depression? A Comparison between General and Special Education Teachers Giacomo Angelini	A Meaningful Synergy: The Integration of Character Strengths and the Three Types of Meaning in Life Pninit Russo-Netzer, Ricardo Tarrasch, Ryan M. Niemc	Does Fun at Work Enhance Meaningful Work? A Three-Wave Study towards Innovative Work Behaviours Azka Ghafoor, David Brougham	Well-being through self-fulfilment? Self-actualization, growth and well-being in the general population Nele Jacobs	Serious Leisure's contribution to integral human development in nursing home care Maria D'Araújo	9:45 - 10:45
								How to cultivate the true self to promote the well-being and mental health of adolescents and students in higher education? Results of a scoping review Rémi Paré-Beauchemin	COVID-19 Long-term Impact: Exploring Character Strengths Change in Different Age Groups Sahar Amoury Naddaf, Shiri Lavy	How Cross-Domain Social Support Leads to Work-Life Balance: A Longitudinal Boundary Theory Perspective Justin Blaise Richards, Yannick Provost Savard, Dana Bonnardel	Courage to be happy: risk-taking as a mediator of the relationship between psychological courage and well-being Grzegorz Pajestka	Mere religiosity is not enough! Spirituality strengthens the relations between religiosity and positive youth development Jet Buenconsejo	
								South African University Students' Experience of a 6-week Character Strengths Program Sean Abrahams, Anita L. Campbell	The Impact of Automated Coaching on Daily Experiences at Work Scott Dust	The Effect of Everyday Inner Conflicts on Well-being Dina Nir	Seasons of Life in Action: The Development of the Tree of Life Metaphor within a Faith-Based Paradigm for Exploring Meaningful Harmony and Balance Sumaera Hasan		
								Expanding application of positive education to nonformal education settings through Training nonformal education Teachers Niva Dolev	Friendships of Mutual Accountability: The foundational role of relationships in character development within higher education Rebecca Park, Susan Fesperman	Antecedents and outcomes of work-related flow: A meta-analysis Wei Liu, Hairong Lu, Peikai Li, Dimitri Van Der Linden, Arnold B. Bakker	Understanding Resilience in Turbulent Times: A Three-Year Study of Sense of Coherence, Well-being, and Anxiety in the Czech Republic Martin Mácel	How does different travel modes affect subjective wellbeing? Magnus Roos	
15 min Break								15 min Break					
11:00 - 12:00	KEYNOTE LECTURE <i>presented by</i> Michael Ungar							11:00 - 12:00					
1h 45 min Lunchbreak								1h 45 min Lunchbreak					

Friday, July 12, 2024							Afternoon Session from 14:00 until evening						
14:00 - 15:00	KEYNOTE LECTURE <i>presented by</i>						Suzy Green						14:00 - 15:00
15 min Break													
15:15 - 16:15	It's you, it's me, it's us - how Positive Leadership can help us shape an even greater world Cornelia Lucy	Empowering Student and Educator Comprehensive Well-being through the Student Alliance for Flourishing Partnership Kristine E. Larson	From Me to We: what does this mean for Society and Social Justice? Sue Roffey, David Roffey + book launch with drinks	A Comprehensive Organizational Development Model to Activate Character Strengths and Grow Engagement, Relationships and Performance in the Workplace Jillian Copley	A strengths based model to navigate a journey towards peace and happiness Vijay Kumar	How to Promote Students' Subjective Well-Being: The Well-Being Promotion Program, A Multitarget School-Based Positive Psychology Intervention Shannon Suldo, Sarah Fefer, Kai Zhang Shum	Zurich Center for Positive Psychology: Leveraging Character Strengths in Today's Transforming Workplaces Alexander Stahlmann	Co-design in Positive Health Interventions: experience from practice Elaine Byrne	T.b.a. Daniela Blickhan	Practical Wisdom and the VIA-IS - A preliminary study on the situational use of character strengths in the teaching profession Benjamin Berend	Work on Wellbeing - the importance of WoW! Sue Langley	The Philosophy of Happiness: A Tension Resolved Christian Piller	
										Character strengths profiles of Taiwanese medical students and their correlations with life satisfaction Wen-Hsu Lin, Tsai Ming-Chan, Yi-Fang Chung, Chin-Chun Yi	A latent profile analysis in Italian workers: Key ingredients for Healthy organizations Andrea Svicher, Annamaria Di Fabio	To Change or Not to Change? - Status Quo Bias and Happiness Arie Sherman, Tal Shavit	
	A Qualitative Examination of Character Strengths and Virtues in Intergroup Reconciliation Roger Bretherton									A cross cultural and interdisciplinary approach to define a workplace wellbeing framework: a case study from United Arab Emirates Radhika Punshi, Gauri Gupta, Tayyab Rashid, Gregory Dean	Is investing in employee happiness good for Brand Equity? Shay Tsaban		
	Character Strengths of Employees with Protector Roles: Understanding their Role for Persuasion Skills, Workplace Well-being, Job Performance, and Career Success Claudia Harzer, Tahira Mubashar, Scott Mitchel									PERMA-Lead: A Behavioral Leadership Approach to Positive Leadership Markus Ebner	The Why, What & How of Teaching Happiness Thomas Mündle		
16:15 - 17:30	Postersession discussion / Coffee break						Postersession discussion / Coffee break						16:15 - 17:30
17:30 - 18:30	The Neuroscience of Wellbeing: understanding your brain to live a happier life Sue Langley	The Anatomy of Resilience Christian Taftenberg Jensen	Enhancing Team Dynamics and Performance Through VIA Strengths Teaming Approach Karen Whelan-Berry, Paul Papierski	Positive Psychology Coaching: Facilitating clients' journey towards flourishing Daniela Blickhan	Experience mapping: discovering the power of places in the promotion of well-being Viola Sallay, Tamás Martos	Embodied Positive Psychology Alla Klymenko	An Experiential Workshop: Coaching Outdoors and in Nature Ceri Sims, Nikki Ayles	Implementing innovative positive interventions with the use of Virtual Reality and other digital technologies Chiara Ruini	Re-writing health and illness narratives in the context of positive health sciences including positive psychology interventions Padraic J. Dunne	Special Session - Journal of Happiness Studies: Meet the Editors! Antonella Della Fave, Esther Otten	Aftermath of the COVID-19 Pandemic: Resilience and Mental Health of Emerging Adults University Students Sophie Leontopoulou	Linking Teachers' Well-Being with Students' Well-Being: A Multi-Level Study Conducted During COVID-19 Shiri Lavy	
											The Role of Spiritual Intelligence and Self-Compassion as Predictors of Perceived Stress and Psychological Resilience among University Students in India during COVID-19 Shubhangi Jagdev	Direct and Mediated Impacts of Parental Democratic Communication on Adolescent Well-being: Insights from the 2020 Chinese Family Panel Studies Sydney Hu	
											MIND FULL OR MINDFUL? SAM - A health promotion program for students Brigitte Jenull	Associations Between Parental and Child Well-Being Indicators: Preliminary Results from a Three-Wave Longitudinal Survey Maja Tadic Vujcic	
											Teaching happiness to students - implementation and evaluation of a program aiming at promoting well-being in elementary schools Tobias Rahm	Main characteristic and measures of Group Flow in Collaborative Learning: a systematic Prisma review Faustine Wawak	
Conference Dinner							Conference Dinner						

Saturday, July 13, 2024							Morning Session from 8:30 until lunch						
8:30 - 9:30	Better in Every Domain: The Holistic Life Crafting Model in Action Bryan Dik, Llewellyn van Zyl, Michael Steger, Bradley Wright	The Nonflict Way - Conflict resolution, self coaching, and transformation enhancement using a simple and comprehensive 3 steps process Gilad Kfir	Paws for Wellbeing - The benefits of canine-human interaction for our physical and mental health Clive Leach, Roz Rimes	Building Resilience across ages with the Mindful Self Compassion Program created by Prof. Kristin Neff and Prof. Christopher Germer Monique Borcard-Sacco	Resilience and wellbeing for parents Dana Moldoveanu Brandes, Jannie Stricker, Vera Kristensen	Exploring the Flourishing Impacts of Arts Engagements Matthew Pelowski	Positive Education Worldwide: Exploring Diverse Cultural Perspectives and Practices Maggie Zhao	The Socio-Ecological Factors Associated with Resilience in Refugees: A Systematic Scoping Review Tengku Nila Fadhila	Hope for the best or prepare for the worst? Calm perseverance, not vigilant monitoring, contributes to adolescent life satisfaction Laura Weiss	Relationships among meaning in life, religiosity and life satisfaction in families of people with disabilities Maria Platsidou	Using traditional Indigenous stories to enhance psychological and environmental well-being: Lessons from Waykánashpam (Salmon People) Michelle Jacob	How Parents Mediate Cultural Influences on Flow in Schools David J. Shernoff, Janine Bempechat, Jin Li	8:30 - 9:30
								Evolution of trauma and social sharing of emotions among Ukrainians refugees Marie Clergeau	The relationship between 5c indicators of positive youth development, self-compassion, and well-being in adolescents Hana Gacal	An investigation of the Meaning-Making Model in parents raising a child with a disability Anastasia Mavridou	The Ethical Path to Wellbeing Tarii Young	Enhancing Well-Being of Urban School Students in India: A Comparative Study of Two Interventions in a Natural Setting Nainika Hira, Raina Chhajjer	
								Wellbeing and resilience of researchers in Ukraine Tammi Walker, Natalya Mosol	Examining the heterogeneity of the experience of meaning in life among late adolescents and the role of resilience: A Latent Profile Analysis Semira Tagliabue	The contribution of empathy to mother's disintegrative responses in the context of infant care Orit Taubman-Ben-Ari	From Commitment to Relationship Flourishing: A Brief Journey through Generativity in Couple Relationships Susana Costa Ramalho	Perceptions of Acceptability and Utility of Ongoing Coaching to Enhance Implementation of the Well-Being Promotion Program in Schools Sarah Fefer	
								Understanding the importance of bonding social capital for the well-being of first-generation labour migrants: A cross-sectional study in the Netherlands Marianne Simons	Building Inner Strength: The Contribution of Self-Compassion to the Resilience of Adolescents from Divorced Families in Makassar Umniyah Saleh	Thriving in the second half of life: Identifying predictors of a fulfilled life Doris Baumann	How does social support shape relationship between career calling and wellbeing? Ayse Burcin Baskurt	Adapting a School-Based Positive Psychology Intervention Using the Ecological Validity Model for Middle School Students Kai Zhuang Shum, Shannon Suldo, Sarah Fefer	
15 min Break							15 min Break						
9:45 - 10:45	Why positive peace matters for the advancement of positive psychology: A pursuit for moral responsibility and activism in dealing with global issues Helena Águeda Marujo	Seasons of Meaning: Experiential Approaches to Deepening Meaning in Everyday Life Michael Steger, Pninit Russo-Netzer	Ménage a Trois - Positive Psychology, Psychodrama, Couples Therapy - Strengths-based practices to cultivate hope and positivity in relationships Andrea Szucs, Daniel Tomasulo	Next Level Appreciative Inquiry Practice. Using the Framework for Increasing Wellbeing on the Me, We and Us levels Ase Fagerlund	The 4th wave of Positive Psychology - Planet Earth and Mankind Cordula Kreidl	PianoBreak - From Thinking to Intuition Felicitas Goerke	Investigating the Role of Meaning in Arts Experiences James Pawelski	Mapping Human Flourishing Across Cultures Enrique Tamés	Factors associated with happiness and wellbeing in Austrian and German adolescents Rachel Dale	The Scholarly Terrain of the Study of Love: A Bibliometric Methods Approach Saida Heshmati	The Good Life Network: A Value-Based Approach to Wellbeing Irene Teulings	9:45 - 10:45	
									Can adolescents and adults recognize positive mental health like mental illness? An experimental mixed methods study Mariana Maia De Carvalho	From 'ego' to 'Self': a randomized controlled intervention study on the cultivation of Confucian ideal personality traits (Junzi personality) based on traditional Chinese culture Liu Shuzhen	Exploring the Wellbeing of Chinese Older Adults: A Systematic Review Yue Pan		
	A diversity of scales to measure subjective well-being: do they measure the same? A study of the subjective well-being and its determinants in Flanders. Dries Verlet								Friendship Quality and Life Satisfaction: A Three-Wave Longitudinal Study Diaconu-Gherasim Loredana	The Need to Radically Reformulate Our Understanding of What Wellbeing Means as Humans Michael Steger			
Pathways to Reconciliation: The Role of Apology in Addressing Systemic Racism Maysa Akbar								Caring for the Future: Advancing Adolescent Mental Health in Afrika through Innovation and Youth Engagement Anitha Menon	Factors associated with experiencing flow in fulfilling and enjoyable situations in Japanese undergraduates Masato Kawabata				
15 min Break							15 min Break						
11:00 - 12:00	KEYNOTE LECTURE <i>presented by</i>						Andreas Krafft						11:00 - 12:00
1h 45 min Lunchbreak							1h 45 min Lunchbreak						

14:00 - 15:00	KEYNOTE LECTURE presented by Antonella delle Fave											14:00 - 15:00						
15 min Break						15 min. Break												
15:15 - 16:15	What You Think About, You Bring About: The Powerful Impact of Thoughts and Beliefs on our Lives - a Neuroscientific View Michaela Brohm-Badry	Passion in you, in me, in us Sok-Ho Trinh	The Way of the Mindful Warrior Colleen Lightbody	Psychodrama Demonstration of a Virtual Gratitude Visit & Self-Compassion Technique Daniel Tomasulo	Increasing resilience and mental wellbeing of refugees and migrants in a cultural sensitive manner Tom Hendriks	Training for Teachers, Lessons for Us: An Inside Look at Resilience Practices in U.S. Schools Martin Blank	Hope across cultures: Further insights from the International Hope Barometer Program Tharina Guse	Well-being Unveiled: Examining Key Happiness Factors in the Indian Milieu Kamlesh Singh	Evidence of Satiation of Subjective Well-being on Income at the Aggregate Level in European Countries Simon Röck	The impact of Early Life Adversity on Mental and Physical Health: The Role of Spirituality and Forgiveness Julia Goldmark	Positive Technology: A journey into a Virtual Reality room for Peak Performance and Flourishing Catherine MacLaurin							
	Flow experience in the context of Work 4.0 Corinna Peifer															How to Use Well-Being Dialogue Card Madoka Maeno	What a Meaningful Day! A Network Psychometric Approach to Investigate the Interaction Between Meaning-Making and the Daily Satisfaction of Basic Psychological Needs Michela Zambelli	Is ethical consumption related to Eudaimonic or Hedonic wellbeing? Analysis from a Switzerland-Japan Perspective Makiko Hashinaga
																Chance and Choice: Determinism and Decision making Sue Langley	The Power of Thank You: Exploring the Effects of Received Gratitude on Employees' Burnout and Basic Psychological Needs through a Multilevel Approach Elena Gabriela Nicuta	From Gratitude to Sustainability: Unpacking Product Value for Conscious Consumption Sofia Kousi
16:15 - 16:30	End of the Meeting						End of the Meeting						16:15 - 16:30					

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